

Women Open			
100m			
1.	Melinda Montgomery	Woodbury	15.37
200m			
1.	Melinda Montgomery	Woodbury	32.87
Pole Vault			
1.	Amanda Frame	Pine Island	11'-0"
1.	Kate Farnham	Rochester	11'-0"

Women 40-44			
100m			
1. JoeAnn Jackson	Minneapolis		13.85
200 m			
1. JoeAnn Jackson	Minneapolis		29.93
Long Jump			
1. JoeAnn Jackson	Minneapolis		13'-6"

Women 45-49			
200m			
1. Linda Laskowski	Rochester		54.59
400m			
1. Linda Laskowski	Rochester		02:08.8
1500m			
1. Linda Laskowski	Rochester		09:46.4
3000m			
1. Linda Laskowski	Rochester		23:51.3
Shot Put			
1. Linda Laskowski	Rochester		15'-2"
Discus			
1. Linda Laskowski	Rochester		27'-0"

Women 50-54			
200m			
1. Linda Gentling	Rochester		53.28
400m			
1. Linda Gentling	Rochester		01:51.2
800m			
1. Linda Gentling	Rochester		04:06.2
1500m			
1. Linda Gentling	Rochester		07:56.2
3000m			
1. Linda Gentling	Rochester		16:35.7
Shot Put			
1. Linda Gentling	Rochester		18'-9"
Discus			
1. Linda Gentling	Rochester		31'-10"

Men Open			
100m			
1.	Jerome Montgomery	Woodbury	11.88
2.	Nathan Johnson	Winona	12.41
3.	Donny Holcombe	Rochester	12.77
200m			
1.	Reece Vega	St.Charles	23.31
2.	Jerome Montgomery	Woodbury	24.04
3.	Nathan Johnson	Winona	25.96
400m			
1.	Reece Vega	St.Charles	50.37
2.	David Gottschalk	Richfield	55.41
3.	Nolan Rice	Kellogg	01:04.3
800m			
1.	Timothy Jennings	Rochester	02:41.7
2.	Nolan Rice	Kellogg	02:49.8
1500m			
1.	Matthew Bischof	Fergus Falls	04:25.7
2.	Nolan Rice	Kellogg	06:01.2
110m Hurdles			
1.	Eric Bishop	Preston	16.20
300m Hurdles			
1.	Andrew Gastineau	Rochester	46.28
Pole Vault			
1.	Paul Grabow	Farmington	12'-6"
2.	Jamie Steffen	Farmington	11'-6"
3.	Eric Bishop	Preston	10'-6"
Discus			
1.	Adam Charnstrom	Burnsville	128'-1.75"
2.	Jayme Dahlin	St Louis Park	125'-7"
High Jump			
1.	Mike Siebenaler	St Charles	5'-10"
Shot Put			
1.	Adam Charnstrom	Burnsville	47'-4"
Javelin			
1.	Adam Charnstrom	Burnsville	104'-4"
Long Jump			
1.	Eric Bishop	Preston	23'-8"
2.	Mike Fish		16'-1"
3.	Nolan Rice	Kellogg	14'-10"

Men's 30-34			
100m			
1. Ryan Armbruster	Rochester		12.77
2. Bill LeTourneau	Farmington		14.03
200m			
1. Ryan Armbruster	Rochester		26.17
110m Hurdles			
1. Terry Hollingsworth	Pillager		18.83
Long Jump			
1. Kevin Gross	Eden Prairie		19'-10"
2. Ryan Armbruster	Rochester		19'-6"
3. Terry Hollingsworth	Pillager		18'-3"
Triple Jump			
1. Terry Hollingsworth	Pillager		34'-11 1/2"
Pole Vault			
1. Terry Hollingsworth	Pillager		11'-0"
Discus			
1. Chad Simon	Lewiston		117'-2.25"
2. Terry Hollingsworth	Pillager		70'-8"
High Jump			
1. Kevin Gross	Eden Prairie		6'-2"
2. Terry Hollingsworth	Pillager		5'-6"
Shot Put			
1. Chad Simon	Lewiston		33'-9.75"
Javelin			
1. Terry Hollingsworth	Pillager		60'-10"

Men's 35-39			
100m			
1. Dwight Nelson	Coon Rapids		12.50
2. Pedro Pesta	Hugo		13.58
3. Robert Palmer	Ironton		13.95
200m			
1. Dwight Nelson	Coon Rapids		24.75
2. Pedro Pesta	Hugo		26.67
3. Benjamin Eskin	St.Paul		27.40
400m			
1. Dwight Nelson	Coon Rapids		54.91
2. Benjamin Eskin	St.Paul		1:00.71
3. Robert Palmer	Ironton		1:07.44
800m			
1. Dave Grant	Pine Island		3:33.24
1500m			
1. Brent LaFavor	Burnsville		7:04.49
Long Jump			
1. Pedro Pesta	Hugo		13'-11"
2. Dave Grant	Pine Island		12'-4"
Triple Jump			
1. Robert Palmer	Ironton		30'-10"
Discus			
1. Dave Grant	Pine Island		88'-7.5"
2. Pedro Pesta	Hugo		87'-7"
Shot Put			
1. Pedro Pesta	Hugo		32'-1.5"
2. Dave Grant	Pine Island		28'-1.5"
Javelin			
1. Dave Grant	Pine Island		109'-1"
2. Brent LaFavor	Burnsville		72'-7"
3. Benjamin Eskin	St Paul		68'-2"

Men's 40-44			
100m			
1. Grant Grassle	Rochester		13.01
2. Jeffrey Stone	Minneapolis		13.27
200m			
1. Jeffrey Stone	Minneapolis		27.50
2. Ed Laskowski	Rochester		33.80
400m			
1. Thomas Woo	Rochester		1:07.0
2. Ed Laskowski	Rochester		1:08.64
800m			
1. Gerry Werven	Rochester		2:16.01
2. Thomas Woo	Rochester		2:34.33
1500m			
1. Gerry Werven	Rochester		4:30.41
2. Thomas Woo	Rochester		5:01.59
3. Ed Laskowski	Rochester		9:46.48
5000m			
1. Thomas Woo	Rochester		19:04.07
2. Ed Laskowski	Rochester		26:09.10
110m Hurdles			
1. Todd Nash	Rochester		21.52
Long Jump			
1. Todd Nash	Rochester		17'-5"
2. Ed Laskowski	Rochester		
Triple Jump			
1. Todd Nash	Rochester		39'-06"
High Jump			
1. Todd Nash	Rochester		5'-8"
2. Jim Thorson	Brooklyn Park		4'-8"
Discus			
1. Todd Nash	Rochester		103'-4"
2. Ed Laskowski	Rochester		56'-2"
Shot Put			
1. Todd Nash	Rochester		28'-1.75"
2. Ed Laskowski	Rochester		21'-10"
Javelin			
1. Todd Nash	Rochester		114'-8"
2. Ed Laskowski	Rochester		55'-4"

Men's 45-49			
100m			
1.	Greg Schwab	Roseville	12.49
2.	Kerry Baubie	Apple Valley	13.06
3.	Rick Allen	Richfield	14.64
200m			
1.	Greg Schwab	Roseville	24.87
2.	Kerry Baubie	Apple Valley	25.95
3.	Robert Barnett	Bloomington	27.84
400m			
1.	Ed Graeser	St.Cloud	1:08.97
2.	Steve DeBoer	Rochester	1:18.31
800m			
1.	Jim Docherty	St.Paul	2:23.25
1500m			
1.	Steve DeBoer	Rochester	5:19.73
5000m			
1.	Steve DeBoer	Rochester	19:08.33
110m Hurdles			
1.	Paul Lindner	Rochester	27.57
Long Jump			
1.	Kerry Baubie	Apple Valley	19'-3"
2.	Brian Budish	Andover	16'-3"
3.	John Bohan	Edina	14'-9"
Triple Jump			
1.	Brian Budish	Andover	30'-2"
Pole Vault			
1.	Jim Wolter	Lakeville	12'-0"
High Jump			
1.	John Bohan	Edina	5'-2"
2.	Brian Budish	Andover	4'-10"
3.	Jim Thorson		4'-8"
Discus			
1.	Dean Klocow	Hastings	107'-5"
2.	Paul Zabee	Elk River	106'-11.5"
3.	Marty Keech	Rochester	89'-9"
Shot Put			
1.	Dean Klocow	Hastings	36'-9"
2.	Marty Keech	Rochester	35'-1"
3.	Paul Lindner	Rochester	33'-.5"
Javelin			
1.	Paul Lindner	Rochester	102'-11"
2.	Dean Klocow	Hastings	83'-6"
3.	Marty Keech	Rochester	58'-3"

Men's 50-54			
100m			
1.	Stephen Pearson	Mahtomedi	14.22
2.	Rich Bisset	Rochester	14.29
3.	Michael Moser	Eagan	15.85
200m			
1.	Carter Holmes	Minneapolis	28.79
2.	Rich Bisset	Rochester	29.33
3.	Michael Moser	Eagan	31.87
400m			
1.	Rich Bisset	Rochester	1:05.20
2.	Michael Moser	Eagan	1:06.54
3.	Samuel Goldsmith	Minneapolis	1:09.39
800m			
1.	Michael Moser	Eagan	3:04.26
100m Hurdles			
1.	Carter Holmes	Minneapolis	19.04
2.	George LaBelle	Zimmerman	20.15
300m Hurdles			
1.	Carter Holmes	Minneapolis	50.72
Long Jump			
1.	Stephen Pearson	Mahtomedi	14'-2"
2.	Carl Bauer	Rochester	12'-11"
3.	James Ruter	Anoka	12'-5"
Triple Jump			
1.	James Ruter	Anoka	22'-9"
2.	Michael Moser	Eagan	21'-6"
Pole Vault			
1.	John Lund	Stillwater	10'-6"
High Jump			
1.	Mike Moser	Eagan	4'-4"
2.	Carter Holmes	Minneapolis	3'-10"
Discus			
1.	Carl Bauer	Rochester	127'
2.	David Anderson	Elk River	115'-6"
3.	Stephen Pearson	Mahtomedi	89'-8"
Shot Put			
1.	Carl Bauer	Rochester	42'-4.25"
2.	Stephen Pearson	Mahtomedi	34'-8"
3.	David Anderson	Elk River	32'-1.5"
Javelin			
1.	Mike Moser	Eagan	65'
2.	James Ruter	Anoka	62'-6"
3.	Samuel Goldsmith		59'-5"

Men's 55-59			
100m			
1.	Paul Montgomery	Woodbury	13.50
2.	Larry Morrissette	Maplegrove	14.63
3.	Mike McLoone	Mankato	16.05
200m			
1.	Paul Montgomery	Woodbury	27.51
2.	Larry Morrissette	Maplegrove	29.83
3.	Carl Etter	Duluth	30.94
400m			
1.	Carl Etter	Duluth	1:05.70
2.	Larry Morrissette	Maplegrove	1:08.97
800m			
1.	Patrick Oregan	Inver Grove Heights	2:48.33
2.	John Schlegelmilch	Redwing	3:07.44
1500m			
1.	John Schlegelmilch	Redwing	6:08.02
5000m			
1.	John Schlegelmilch	Redwing	22:42.25
Long Jump			
1.	Carl Etter	Duluth	16'-3"
2.	Larry Morrissette	Maplegrove	13'-01"
3.	Mike McLoone	Mankato	9'-10"
Triple Jump			
1.	Carl Etter	Duluth	29'-0"
Pole Vault			
1.	Steve Korhel	Wayzata	9'-6"
Discus			
1.	Ken Lucier	Moorhead	113'-2.5"
2.	Steve Korhel	Wayzata	96'-10.25"
3.	Mike McLoone	Mankato	45'-4.5"
Shot Put			
1.	Ken Lucier	Moorhead	35'-5"
Javelin			
1.	Steve Korhel	Wayzata	96'-2"

Men's 60-64			
100m			
1. Thomas Boys	Inver Grove Heights		14.63
2. Michael Burns	Milan		15.56
3. George LaBelle	Zimmerman		15.86
200m			
1. George LaBelle	Zimmerman		35.16
400m			
1. Michael Burns	Milan		1:09.47
2. James Marti	Sleepy Eye		1:25.72
5000m			
1. James Marti	Sleepy Eye		26:52.0
300m Hurdles			
1. George LaBelle	Zimmerman		1:07.44
Long Jump			
1. Thomas Boys	Inver Grove Heights		15'-0"
2. George LaBelle	Zimmerman		11'-7"
Triple Jump			
1. George LaBelle	Zimmerman		22'-7"
High Jump			
1. George LaBelle	Zimmerman		3'-10"
Discus			
1. Mike Holler	LaCrescent		115'-9"
2. George LaBelle	Zimmerman		93'-3"
Shot Put			
1. George LaBelle	Zimmerman		29'-10.5"
2. Mike Holler	LaCrescent		25'-8.5"
Javelin			
1. Mike Holler	LaCrescent		118'-9"
2. George LaBelle	Zimmerman		98'-7"

Men's 65-69			
100m			
1.	Jim Peterson	North Mankato	17.62
2.	Jim Nelson	Minneapolis	18.38
200m			
1.	Jim Nelson	Minneapolis	42.74
400m			
1.	Jim Nelson	Minneapolis	1:37.51
Long Jump			
1.	Jim Peterson	North Mankato	12'-2"
Triple Jump			
1.	Jim Peterson	North Mankato	24'-4"
Pole Vault			
1.	Jim Peterson	North Mankato	6'-0"
High Jump			
1.	Tom Langenfeld	Edina	4'-10"
2.	Peterson	North Mankato	3'-10"
Discus			
1.	Jim Peterson	North Mankato	93'-7"
Shot Put			
1.	Jim Peterson	North Mankato	31'-1.25"
Javelin			
1.	Jim Peterson	North Mankato	76'-9"

Men's 70-74			
100m			
1. Dean Olcott	Pine Island		19.43
200m			
1. Dean Olcott	Pine Island		47.23
400m			
1. Dean Olcott	Pine Island		1:40.72
800m			
1. Dean Olcott	Pine Island		4:39.98
High Jump			
1. Dean Olcott	Pine Island		3'-8"
Discus			
1. Earl Luse	Long Lake		74'-8.5"
2. Dean Olcott	Pine Island		69'-10.75"
Shot Put			
1. Earl Luse	Long Lake		31'-1"
Javelin			
1. Earl Luse	Long Lake		80'-6"
2. Dean Olcott	Pine Island		28'-9"